

FREE SPIRIT

# TRINO

RIP ROGER





WWW.KEWKRADONG.COM . YEAR 3 . ISSUE 2

Jul-Aug-Sep 2012



**Banff Fest  
Children of the Sea  
Take it Back  
LiveStrong  
RIP Roger Payne**

 Kewkradong Bangladesh  
 Kewkradong

ISSN 2075541-4



9 772075 541009

The background of the image consists of a repeating pattern of orange and light orange wavy stripes, resembling the stripes of a tiger. The stripes are vertical and flow from top to bottom, with varying shades of orange creating a sense of depth and movement.

with the vigor of a tiger...  
**making a difference**



**banglalink**<sup>TM</sup>



# TRASHMANIAC

5500 KMS OF BI CYCLE RIDE FOR CLIMATE AWARENESS IN THE US





TWO ADVENTURE CYCLISTS FROM BANGLADESH RODE ACROSS USA, TO RAISE AWARENESS THROUGH THEIR CAMPAIGN AGAINST PLASTIC AND OTHER WASTE. ARMED WITH A TANDEM BIKE AND A SMART PHONE APPLICATION THAT TRACKS, GEO TAGS, AND COUNTS DIFFERENT DEBRIS ALONG THEIR 5500 KM FROM WEST TO EAST COAST OF USA – THE HIGHEST PER CAPITA CONSUMERS AND TRASH MAKERS OF THE WORLD FOR THE BENEFIT OF BANGLADESH.



ARIRANG AVIATION

ARIRANG AVIATION OPERATES VOLUNTARY FLIGHTS FOR  
ICC VOLUNTEERS EVERY YEAR.

an  
**YOUNGONE**  
company



[www.arirangaviation.com](http://www.arirangaviation.com)

---

*The life of Roger Payne was cut short on 12 July 2012 in an avalanche on Mont Maudit in the French Alps. The breadth of his contribution to life in general and mountaineering in particular was extraordinary. He had a capacity to bite off life in big chunks and then wash them down with vast quantities of climbers' rehydration fluid.*

---



*Rest in Peace*

-----  
**ROGER PAYNE**  
-----

*(16 July 1956 – 12 July 2012)*

Kewkradong Bangladesh is proud to present **Trino** - **adventure quarterly** which has content volume equal to any other existing magazines of the genre. Trino has a strict policy on less paper consumption in its production and distribution. Trino believes in **Reducing, Re-using** and **Recycling** of consumables to help cut down consumption of natural resources.

You can collect your copies at **Bengal Café, Dhanmondi . Aranya Café, Banani . Bhromon Shongee, Katabon . Peak69, Shahbag . Boi Bichitra, Uttara, Dhaka**

Please fill up the subscription form for free subscription and we will reach you over postal service.

*Editor-in-Chief*  
*Creative Director*  
*Managing Editor*  
*Contributing Editor*

MUNTASIR MAMUN  
TRINO DESIGN  
MASUK AHMED  
ELORA RAHMAN

*Editorial Advisor*  
  
*Photo Editor*

ROGER PAYNE  
STEVE DIKINSON  
DAVID BARIKDER

*Text Editor*  
*Production*  
*Cartoon*

SAAD BIN HOSSAIN  
HARADON DHOR  
NAZAM SHAHPAR

*Advisor*

ASHRAFUZZAMAN UJJAL  
D. NABEEL ATIQE  
D. FARSEEM M. MOHAMMEDY  
ENAM UL HAQUE  
M. RIAZ HAMIDULLAH  
SEZAN MAHMUD

*Incollaboration with*



- 08 | Take it Back
- 26 | Trash Lab
- 30 | Children of the Sea
- 42 | R.I.P Roger
- 50 | LiveStrong Day



**EDITOR | CLASSIFIED ADVERTISING**  
Muntazir Mamun Imran  
Ph: +88 01811 310 275  
Email: [kewkradong@gmail.com](mailto:kewkradong@gmail.com)  
15/A Mirpur Road, Dhaka,  
Bangladesh

TRINO, supported by countries most active and oldest youth lead adventure community – Kewkradong Bangladesh. This is totally non-political, non-violence, non-profitable organization originated in Bangladesh. In order to popularize adventure related sports like urban and rural trekking, mountaineering, high altitude trekking, mountain biking, adventure water sports, kewkradong believes in creating local enthusiasm towards voluntarism and conceptual adventure/humanitarian/nature building tourism in Bangladesh. Kewkradong shows professional attitude during handling different projects, expedition planning, concept development and inter organizational relationship.

Voluntary contribution of articles and photos are welcome and must be sent electronically accompanied by signed self consent paper although good quality PDF may be considered. But no responsibility accepted for submitted material. All work published may be used on our website and partners website or any other form they want. Material in this publication may be repeated without permission. While the publishers have taken all reasonable precautions and make all reasonable effort to ensure the accuracy of material in this publication and from the use of informational contained herein and the publishers make no warranties, express or implied, with respect to any of the material contained herein for any damage of the printed copy on the magazine.



Cover by:  
Ismail Ferdous

# Editorial

Tonmoy inboxed me a small note in facebook – bhaia, Roger Payne- he died. have a look. isnt this him who wrote the forward to our book from rubal kang? Yes I got to know it when I had just finished my ride for that day. It was Nebraska, dry and hot but very friendly for budget bike rider like me. Nevertheless, public parks were great in Nebraska along with nice camping sites, water, toilet facility and yes sometimes with shower. This camp ground was one of the best and yes very surprisingly an open Wi-Fi network found on phone! I grabbed the laptop to update the blog. But never thought I will face this in my message box.

Roger Payne was (is) my friend; a very loyal friend in need. I still can remember when I was in France for filming, he offered me a stay at his place which was not in the same country though. But the magnitude was so vibrant, wish I could have done that.

It was back in 2004, I was a young kid, hopping around mountains and sharing my experiences. I got an email from an unknown sender, saying, what you are doing from a country like

Bangladesh, that's amazing and inspirational. Please keep on doing it.

Yes, later on, we became very close by sharing views and ideas and he is Roger Payne. He started working with the British Mountaineering Council (BMC) in early 90's and appointed as General Secretary and In 2002 Payne became the first Sports and Development Director for the UIAA, which is based in Switzerland. In this role Payne supported the UIAA's specialist commissions and competition bodies, and helped to strengthen links and work with international organizations including the Olympic Movement, United Nations agencies, and the World Conservation Union. This work involved progress for the UIAA's three competition sports towards consideration for inclusion in the Olympic Games Programme, and high-profile partnership projects such as Everest Meltdown (with UNEP), and the Siachen Glacier conflict (with IUCN).

In 2007, we were part of an international expedition with India. Till to date, that's one and only joint expedition happened with a combined

team member from Bangladesh-India and scaled a mountain in Himachal Pradesh named Rubal Kang for Peace. Roger was a great source of help, from organizing to perching the news in cross boarder agencies! I have learnt a lot about blending adventure and advocacy from him.

He was a true inspiration for starting Trino, this nonprofit adventure quarterly has come to this stage only after his visionary advice to make it sustainable and more towards youth.

We have dedicated this issue to Roger Payne along with regular International Coastal Cleanup articles, volunteers experience and tit-bits of ICC and it is our sincere apology that we could not print this issue on time. Due to very limited resource and manpower, it's quite hard to run it on time.

But your profound support and appreciation help us to continue what we are doing. Thank you for being with us.

Shanti  
Muntasir Mamun  
Editor-in-Chief



# TAKE IT BACK

rezwan  
INTERNATIONAL  
COASTAL CLEANUP



COX'S BAZAR IS A 125 KM LONG sandy sea beach located 150 km south of Chittagong, the port city of Bangladesh. It is named after Captain Hiram Cox, an officer of the British East India Company, who was sent here in the late 1790s to settle Buddhist immigrants from nearby Burma. The Cox's Bazar is now a beach town, a port, health resort and a popular destination for Bangladeshi and international tourists. During holidays, the beaches of Cox's Bazar are filled with a lot of tourists who generate lots of trash and debris; many of them are not biologically degradable. This debris, if not removed, can be harmful and even fatal to all kinds of marine wildlife and can also become a human health hazard. A dirty beach equals to less tourists and less contribution to economy. So measures need to be taken before it is too late.

I met Muntasir Mamun online while I was writing a blog on his Trashmaniac 5000km bike ride a few months ago. I was really impressed by his dedication and activism and he continued to surprise me. He proposed me that I should go to Cox's Bazar on 15th of September to volunteer for the coastal cleanup activity. I told him that I was interested but I needed to be back in Dhaka on the 16th morning. He assured me that he will arrange it and little I knew

what adventure waited for me.

Before a couple of days of the event I received a flight itinerary of Arirang Aviation. I was expecting a regular commercial flight when I reached the domestic terminal of Hazrat Shahjalal Airport in Dhaka. To my surprise I realized that we would be boarding a small 9 seater Cessna Grand Caravan aircraft which mostly does chartered flights. The Green Team of the US Embassy and some other guests were on board with me.

It was a sunny day and we were mesmerized with a nice aerial view of the lands and waterways beneath us as the flight was flying lower than the commercial airlines. I saw another beauty of my motherland and captured some of the moments on my camera. I wondered if camera could capture all the beauty that was unleashed.

The flight was about one hour and fifteen minutes in total and was very smooth, thanks to the experienced and nice pilots. There were two jeeps of UNHCR, one of the partners of the event, waiting outside. After a while we arrived at the Hotel Shaibal of the Parjatan Corporation where a rally of school kids and volunteers were waiting. Soon we were clad with attractive T-Shirt and cap with the message of the Coastal Cleanup Day.







International Coastal Cleanup Day is celebrated annually throughout the world in over 90 countries with a variety of initiatives. It is a day where volunteers visit beaches and waterways to collect trash and polluting elements to make a bold statement. Since 1986, millions around the globe have joined Ocean Conservancy's International Coastal Cleanup, one of the world's largest voluntary efforts to cleanup marine environment.

Banglalink has supported the program for 6th consecutive years. The event included a rally, an inauguration at the Cox's Bazaar sea beach, beach cleaning and awareness generation among tourists. This is also part of the organization's yearlong Cox's Bazar sea beach cleaning project. The local administration also provided support.

Being part of the rally was fun and I mingled with the school kids and was charged up by their enthusiasm. There were students from local schools - Koltoli Adarsha School, Coxsbazar and also volunteers from Life and Surfing Club, Cox's Bazar. I talked to some of them and saw that they were enthusiastic for the job they were going to do. It is a great thing to raise awareness still early in their life. They will grow up and be more environment conscious.

I saw much spirit among more than hundred volunteers from Dhaka who are mostly students of different private and public universities and paid for their expenses. Independent Univer-

sity Bangladesh's Environment Club; University of Liberal Arts Bangladesh; North South University Bangladesh; Dhanmondi Govt Boys High School Ex Scouts Association are the primary source of the volunteers. The organizers used Facebook <http://www.facebook.com/events/374396202630462/> to organize these volunteers' participation. It was a notable field event for them. They were earnest and had fun as well.

The rally led by ADC of the local administration arrived at the beach and everyone gathered around. Guests including Jack Knettles, Chair from Green Team, US Embassy, UNHCR representative [...] ADC and [...] spoke on the occasion and inaugurated the event.

The volunteers were given transparent bags to collect debris. The debris included thousands of cigarette butts, plastic bags etc. Almost 90% of floating marine debris is plastic and only a small portion of them are recycled. So they pose a threat. There are already trash cans available at the beach with Banglalink logo, presumably sponsored by the organization. But surprisingly the cans looked cleaner than the nearby places in the beach denoting the behavior of the visitors in littering. I hope one day the kids who volunteered for the campaign will tell others to stop littering and save our beaches.

There was another event by the same team on the previous day in Inani beach, which has gained popularity in recent years as a quieter and cleaner beach. But popularity has its peril. The beach is also swarmed now with thousands of tourists. One organizer was telling about the energy and enthusiasm of the young

volunteers who after completing 4-5 hours cleanup operations in Inani beach were playing inside the hotel. You can't stop these powerful youths from changing the nation.

When I was coming back I was thinking why initiatives like this are absolutely necessary for Cox's Bazar.



Soon this beach town will be busier than ever with an international focus. Many international hotel chains are planning to build hotels here, such as a Mövenpick Hotel will be completed within 2013, a Best Western hotel will open in 2014 and a Radisson hotel is due in 2015. In Bangladesh income from tourism is about 4% of GDP. If we want to lift it up to 10% like India, tourism will be Bangladesh's major source of income. We need to have proper infrastructure and a clean and healthy beach for that. Prevention is better than cure. So if we can motivate people not to litter the beach in the first place, it can be maintained.

Kudos to Kewkradong for arranging such an important awareness campaign. Muntasir was telling how an initiative of a bunch of friends has gone this big year by year. He is grateful to the sponsors who helped with all these logistics and the volunteers who participated with their heart and mind. In our country there are many people, including politicians who talk a lot for credit and do nothing. And there are some who actually do try to bring a change in the society. The Kewkradong team falls in the latter group and I hope their initiatives will be known to more people, especially the youth, who will be inspired to take similar awareness campaigns in their society.

© Rezwan





outdoor & adventure



90 | aziz market | 2nd floor | dhaka | 0183477778 | [www.peak69.com](http://www.peak69.com)



[www.facebook.com/peak69](http://www.facebook.com/peak69)



# THREATS TO WILDLIFE



4

AMPHIBIANS  
BECAME ENTANGLED IN  
BEVERAGE BOTTLES  
AND DEBRIS



49

BIRDS  
BECAME ENTANGLED  
IN FISHING LINE  
AND NETS



18

REPTILES  
BECAME ENTANGLED  
IN CRAB TRAPS,  
FISHING NETS, OR  
PLASTIC BAGS



27

MAMMALS  
BECAME ENTANGLED IN  
ROPE, FISHING NETS,  
AND OTHER DEBRIS



4

CORALS & SPONGES  
BECAME ENTANGLED IN  
FISHING LINE OR  
OTHER DEBRIS



97

INVERTEBRATES  
BECAME ENTANGLED IN  
FISHING LINE, PLASTIC BAGS,  
BEVERAGE BOTTLES,  
AND OTHER DEBRIS



46

FISH  
BECAME ENTANGLED IN  
FISHING NETS, LINE,  
OR PLASTIC BAGS







**598,076**

volunteers



**9,184,428**

pounds of trash



**20,776**

miles



**266,997**  
ITEMS



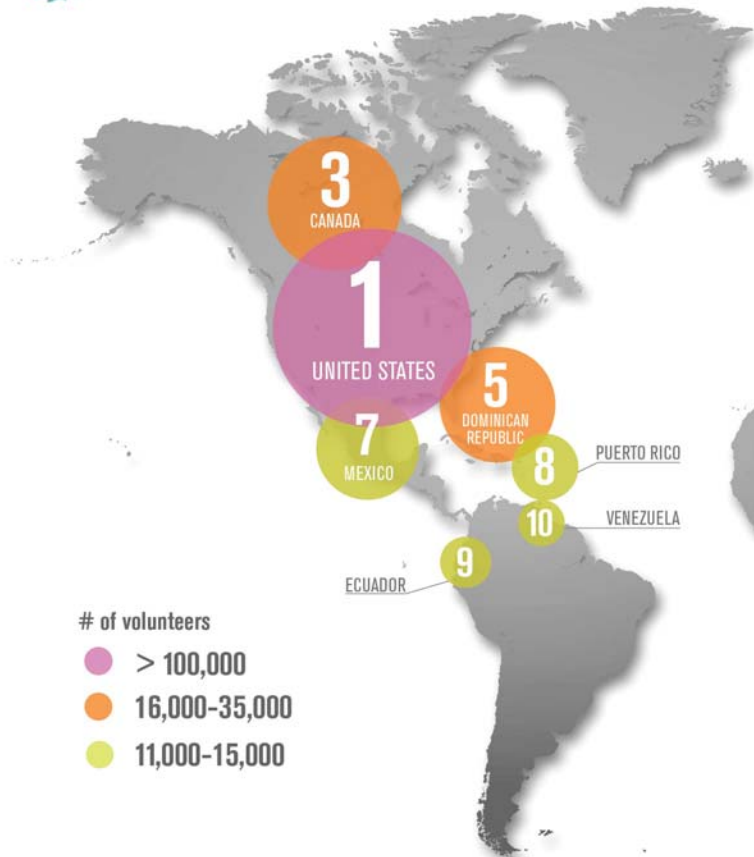
Enough articles of clothing to outfit every expected audience member of the London 2012 Summer Olympics Opening Ceremony.

Enough food packaging to get takeout for breakfast, lunch and dinner every day for the next 858 years.



**940,277**  
PIECES

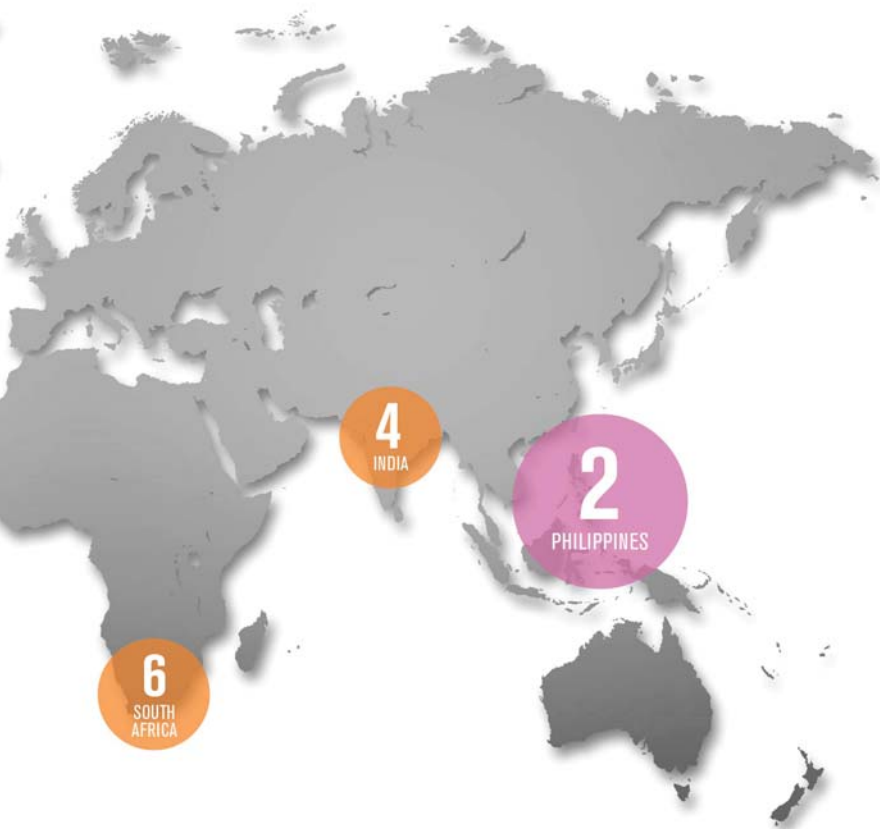




# of volunteers

- > 100,000
- 16,000-35,000
- 11,000-15,000

# TICIPATING COUNTRIES



# TOP TEN ITEMS



100,000 200,000 300,000 400,000 500,000 600,000 700,000 800,000 900,000 1 M

1 CIGARETTES 

2 CAPS / LIDS 

3 PLASTIC BEVERAGE BOTTLES 

4 PLASTIC BAGS 

5 FOOD WRAPPERS / CONTAINERS 

6 CUPS, PLATES, FORKS, KNIVES, SPOONS 

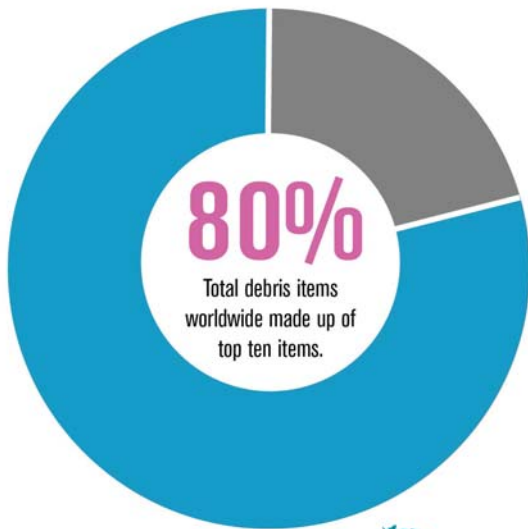
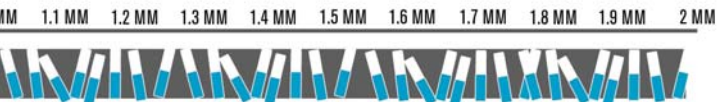
7 GLASS BEVERAGE BOTTLES 

8 STRAWS, STIRRERS 

9 BEVERAGE CANS 

10 PAPER BAGS 


# S FOUND



Ocean Conservancy

[oceanconservancy.org/2012data](http://oceanconservancy.org/2012data)





Trash Lab is the first of many steps Ocean Conservancy has in place to deepen our understanding of the International Coastal Cleanup data

Trash Lab: nicholas mallos  
Because Rope,  
Wrappers, and Butts  
are Not Created Equal

Not all trash is created equal. Why does it matter? For the persons who toss their water bottle or chip wrapper into a garbage can, maybe it doesn't. But for the integrity and health of our waterways, beaches and ocean and its animals, it indisputably does.

Over the past 27 years, through our annual International Coastal Cleanup, Ocean Conservancy has compiled the world's largest and most comprehensive database on ocean trash. During this time, the data collection methods used by Cleanup volunteers counted one cigarette butt as equal to one plastic bottle or one fishing net. On paper this quantification may make sense, but in the marine environment these items pose very different threats to animals and ecosystems.


Large scale ecological impacts of marine debris in the ocean remain unknown, but Scientists at the National Center for Ecological Analysis and Synthesis (NCEAS) are currently researching this very question to determine the magnitude of impact for different types of marine debris. Ocean Conservancy is committed to using science to better understand

the trash and debris found on beaches and in waterways around the world. Our Science Team—Denny Takahashi-Kelso, Stan Senner, George Leonard, and Carmen Yeung to name a few conducted a pilot project in Santa Cruz, CA called "Trash Lab" that tested new protocols for weighing collected marine debris so that we can better understand historical and future Cleanup data. Our research goals were to:

- + Find average masses for specific types of marine debris collected during the Cleanup; and

- + Analyze samples of unidentifiable large plastic debris and whole micro plastics to determine the types of plastic found on beaches during Cleanups. As NCEAS Scientists generate more information about the relationship between the risks/impacts and size, shape, volume and mass of debris, it will better inform our decisions to select the most appropriate measure for each type of debris. Therefore during our pilot project, our team tested different methods to weigh marine debris. If this pilot is feasible and provides new insight into our historical database of ocean trash, we'll expand Trash Lab to sample





and measure marine debris gathered during the Cleanup at three additional sites—West Coast, East Coast, and Gulf Coast. Trash Lab is the first of many steps Ocean Conservancy has in place to deepen our understanding of the International Coastal Cleanup data, so that we continue to keep trash off the beach and stop it at its source while simultaneously enriching our knowledge of its threat to marine animals and ocean ecosystems.



WE  
ARE  
THE  
CHILD-  
DREN  
OF  
THE  
SEA

elora rahman





The first thing that comes to every Bengali's mind when they hear the name "St. Martin's Island" is literally "blue sea". The view of the corals through the crystal clear water is also attractive. The same thing happened to me after my first visit to this beautiful island. Although I am not much of a "sea" person, I still think that the combination of the blue sky and blue sea is something rare to be found in Bangladesh. Most of us visit St. Martin's Island to breathe peacefully in that blue environment and be amazed by the



© Emdad Bitu



© Emdad Bitu

beauty of those strange species named corals. At first, I was not so interested to visit the island this time because I had been there a few times and there was not much left to see. But how many of us

actually think of what we are giving back to this beautiful creation of nature in exchange for this stunning beauty?

Sad, but true, we don't pay anything back to nature. We never did. The same goes for the places in our very own motherland. The beautiful island in the southeast part of Bangladesh is the home to thousands of marine species, most of which inhabit the corals. As we visit for our own refreshment, these species help us be refreshed by maintaining the biodiversity of the sea and protect us by protecting the shorelines. If these corals weren't there, who knows, maybe we wouldn't be able to inhale the beauty of St. Martin's Island at all. But as I said, we don't pay anything back. Instead, we destroy what's been bestowed to us. And it's becoming human nature day by day.



Our pride, the Bay of Bengal is full of biological diversity: coral reefs, estuaries, fish spawning and nursery areas, and mangroves. Although such a small part of the world, the Bay of Bengal is one of the World's 64 Largest Marine Ecosystems. And we are slowly destroying these ecosystems. Human-created waste or marine debris has been intentionally or unintentionally released into lakes, seas, ocean and waterways. Not so surprising, up to 80% of the pollution is land-based. Not surprising at all, 80% of marine debris is plastic.

Plastic bags, balloons, rope, medical waste, glass bottles, plastic bottles, cigarette lighters, beverage cans, polystyrene, lost fishing lines, nets, waste from cruise ships and oil rigs are the

main kinds of debris found in the seashore. Bulky plastic debris destroys marine animals by being permanently stuck in their digestive tracts, blocking passage of food and causing death through starvation or infection. Toxic additives used in plastic manufacturing can leak into their surroundings when exposed to water. And here is a bit of chemistry, waterborne hydrophobic pollutants collect and magnify on the surface of plastic debris, thus making plastic more deadly in the water than it would be on land.

In this age of destruction, it's a relief to see that there are some activities like ICC and there are some people who like to do these activities. It was my first trip for the purpose of ICC (trust me I



© Harulad Bina





© Sotan Moru

am ashamed of it). But it was wonderful to see that even if in a very small amount, nature is getting what it deserves. During our first visit, my mother brought back a lot of corals for decorating the home. I could not say anything because I was a kid then. And not to mention, the amount of debris we dump into the ocean and the beach is unimaginable. Yes, we talk; we talk about how the Cox's Bazar beach has lost its beauty due to the trash and all that, we talk about how we are destroying the other beaches as well. But very few of us, including me, actually follow the rules of nature. ICC has opened at least some of the population's eyes.

International Coastal Cleanup is the biggest event or activity done to protect marine environment. In Bangladesh, it has been going on since 2005 and

this was the second time in St. Martin's Island. On a fine morning of 10th November, 2012, we started to clean the beach and other areas of St. Martin's Island with almost 300 kids from a local school. The inauguration started after arrival of the Chairman Mr. Md. Nurul Amin. There were near about 80 volunteers. Coca Cola was the proud sponsor of the program. The schoolchildren and we felt lucky to have Ms. Rozina or 'Coke-apa' (eventually we gave her this name for being so friendly) with us. Although the naughty schoolchildren were not so cooperative but some of them were actually interested to know what and why we are doing. All the volunteers and schoolchildren were given red t-shirts; they were looking like small red crabs running here and there on the

beach and blending in with the nature. Every volunteer was given a plastic bag to pick up every single non-biodegradable thing they find on their path.

The volunteers tried to create awareness among local people and tourists about the following things. In the first place, let's not dump on the shore. I mean, come on, we don't want to see our beautiful beaches turning into the streets of Dhaka. Being a pharmacy student, I have always hated polymers or 'plastics'. Not only did they fill loads of barely-remembered pages on text books, but they also pose serious threat to fish, seabirds, marine reptiles, and marine mammals, as well as to boats and coasts. And it's really sad, how millions of these man-made polymers take their shelters in the heart of the oceans. Poor oceans can't even throw up. Imagine how we would feel if something incompatible with our body permanently took its place in our stomach? Pretty uncomfortable, huh? In the second place, let's not take away the corals from the island. No mother wants her child to be taken away no matter how beautiful her child could be in someone else's arms. In the third place, let's be a little responsible. At some point in life, every human being has to take responsibility towards family or something like that. Why can't we do that to Mother Nature as well? This is what I've learnt from the ICC people.

After collection, the volunteers sorted out the trashes and estimated the amount. In total cleanup of 3 hours, we found, 400 kilograms of trashes. Then we returned to our Sea Blue Resort and took some rest. In the evening, Mr. Muntasir Mamun, Moderator of Kewkradong Bangladesh gifted us with a nice presentation on effect of climate change on St. Martin's Island. He presented with his own experience how this coral island has changed its biodiversity in





the recent past. The following day, some of the volunteers went to Chhera Dwip to cut their fingers by corals, and some remained in the resort to burn down the 400kgs of trashes collected on the previous day.

Well, I can say that it was not just another trip to visit the blue sea. The volunteers included people from all occupations,

starting from students to all the way to surfers of Bangladesh. We all became the same-the children of nature trying to protect their mother. It all came down to the feeling of satisfaction at the end of the day. Nature has its own way of both care and revenge. Life teaches us to appreciate what we have. I say, let's appreciate the care of nature and not give her a chance to take revenge. It's going to be hard, but we can try. We have already started trying by initiatives like ICC.





EDITORIAL ADVISOR FOR TRINO SINCE THE BIRTH OF THIS MAGAZINE





*Memories of*  
-----  
**ROGER PAYNE**  
-----

*A Friend for Bangladesh*

Dear Roger,

You are much elder than me at the age but you are young by heart, While I was born you are already become a guide for the mountaineers after your first expeditions in the Greater ranges. You are the one who become pioneer for many of the mountaineers as you are the mentor and also a good team mate. You live a colorful life with the mountains. Since 1977 you make your move the Alps every year to climb it. You made adventure a part of your life style. You made first ascent in 4 continents and over 20 expeditions to the high and difficult peaks around Asia, North and South America.

Not only that you served your life as helping remote mountain villages

of Karakoram to have access to mountain hydro-electricity. Organized in a development initiatives with the UNEP in Everest Meltdown Project and also in Siachen Glacier Conflict.

Most climbers simply chafe to reach the tops of mountains, you were different, in a career spanning 30 years you have one motto which is, go lightly and leave no trace but the cares to the mountains. You love mountain so much as that was your second home.

You knew avalanches at close quarters—at times, way too close. On Pumari Chhish in Pakistan in 1999 you and Julie-Ann (wife) had spent five nights trapped on an icefield, with avalanches breaking over your tent. On Nanda Devi East in 1994 you descended an avalanche, and just made it; Like the Romantic poets. You believed that mountains were sublime. You had a special love for the compactness of Sikkim, squeezed

between Tibet and India, whose elegant, shining peaks you helped open again to mountaineering. A camera went with you always, strapped tight against your sternum, to record for others the beauty you saw. But some of your favorite quotations weighed up the beauty against the risk.

Then again down in the sea level you were a great organizer, Everything to do with mountains demanded your attention and infectious energy. You didn't belong behind a desk, and at Sunderland Poly, where you took a teaching degree in 1983, you even bunked off lectures to go climbing. But if you had to protect and promote the peaks by doing paperwork, you have no tiredness to do that, you are that passionate about mountains and adventures.

For 12 years you were in charge at the British Mountaineering Council, swelling both membership and revenues, arranging competitions and writing memos late and long. You brought

mountaineering to schoolchildren and to the disabled. And also took your expertise abroad, teaching young Iranians to climb and Sikkimese to become guides like you; and became a diplomat of the Greater Ranges, urging Indian and Pakistani climbers to forget their countries' long rivalry over the Siachen glacier.

But what a disappointment being an avalanche expert you had to die in avalanche on Mont Maudit, beside Mont Blanc. In early July an avalanche caused by topping ice-block swept you away at the age of 55. This also killed eight others there. You were guiding two other mountaineers in a popular route, on the way the weather looked safe, you were travelling light as always. But as you always said, there was no safety in mountains, that did happen to you being always careful to the mountains.

I can quote to you from the Byron's word

*"Where rose in the mountains there to him with friends"*

Thank you for being an inspiration to us.



## TRASHMANIAC

5500 KMS OF BI CYCLE RIDE FOR CLIMATE AWARENESS IN THE US

TWO ADVENTURE CYCLISTS FROM BANGLADESH RODE ACROSS USA, TO RAISE AWARENESS THROUGH THEIR CAMPAIGN AGAINST PLASTIC AND OTHER WASTE, ARMED WITH A TANDEM BIKE AND A SMART PHONE APPLICATION THAT TRACKS, GEO TAGS, AND COUNTS DIFFERENT DEBRIS ALONG THEIR 5500 KM FROM WEST TO EAST COAST OF USA - THE HIGHEST PER CAPITA CONSUMERS AND TRASH MAKERS OF THE WORLD FOR THE BENEFIT OF BANGLADESH.





# TAKE shakhawat chowdhury ACTION IN THE FIGHT AGAINST CANCER

*Let's think about a story; a story about you. Think that it's around 4 o'clock in the evening, and you are in your office, hell tired and almost to get lost in tons of work. Suddenly you get a call, a call from your Doc. He says, you have cancer; and it's confirmed. May be curable or maybe not. How would you feel? Heart breaking, huh?*

Now let's take another story. It's also about you. And everything else is same as the earlier one. But this time, your Doc talks about your son or your sweet, softy little girl. The kid, who just learned to walk few months back, the kid who starts

jumping around you whenever you get home every day after work, the kid who keeps everyone alive in your home, the kid without whom your home cannot be a home and life cannot be worth living, the kid without whom your world means nothing. And that stupid Doc says that s/he has a cancer!! .... how does that feel?

Or can't even feel anything, as this already has stoned you.... just thinking, "How on earth is this possible; is this real, is it true....?" Now tell me, if you have to mandatorily choose one option, which one, would you like to choose? Before choosing, let me tell you that cancer is a kind of disease that will make you to ask for death before it comes to you. YES, it puts its patients into that much suffering. So don't be emotional while choosing.

Now tell me, which one would you like to choose?

I know you won't take this long to decide. You already have made your choice. At the very beginning when I drag your kid in the 2nd story..... To live your own life with cancer in exchange of your kid, isn't it? Not only you my dear, I would have chosen the same if I had to choose. No one in this





world would choose the either one, no one. Am I wrong? I know, the answer is, NO. But there are some unfortunate people in this world who were not given this option to choose. They just have to live the story that was gifted (!) to them by almighty, left only to say, “I hate GOD”..... or, just, to pray.....

You can meet them in **ASHIC** center, a shelter for helpless children, all nice little kids. Nice and cozy, tiny and little naughty. Just like the one who would have looked only perfect in a garden rather in any hospital fighting with cancer. Seems unfortunate, isn't it? Yah, sometimes, life is too hard. Specially when

it comes to the point that these kids are experiencing such sufferings while they certainly do not deserve it. No its not “do not”, better to say “cannot”. How a child, aged below six years only, can do anything that makes him **DESERVING** for such?

That is not possible. At least I don't believe, because I believe, kids are off **HEAVEN**. Life seems here unfair too. But still there are good news's. Right now these kids are undergoing treatment. There is still a very good chance that they'll be cured. A very good chance that one day they'll be gifted with a cancer free living. May their almighty let them at least to live.

What? What's going in your mind? What are you thinking about? That I'm just making some emotional talks and trying to puzzle you hereby? This is like just another post on FACEBOOK to make my profile more popular? I won't answer this now. Because whatever I may say can never reach to that certain level where you'll find yourself, if you visit ASHIC Shelter once, if you just meet those cancer affected kids once, all those kids are maximum of six years of age, can't even spell cancer yet. Cancer is mostly a non-curable disease till now. Every year at

platform by now. The most popular initiative from his consortium is the LIVESTRONG Day. The LIVESTRONG Day has evolved from a lobby day on Capitol Hill into an international day of cancer awareness, where we highlight the power of community and collective action in the global fight against cancer. October 2 is the event day for LIVESTRONG Day.

Kewkradong Bangladesh has been celebrating LIVESTRONG Day since 2010, invariably in the first half of October, on a suitable day with its volun-

**L I V E S T R O N G ®**

least 8 million people die in cancer in this world, every day 221 and in every 6th minute we are losing 1 person from our left or right because of cancer. That makes it the biggest killing machine we have ever observed. And still it is continuing its "eliminating human from earth" function. So it won't be wrong if anyone says, "When it is cancer, there is no answer". But to fight with this giant killer and to support its' victims, Lance Armstrong started riding after he himself was diagnosed with cancer in 1996. Subsequently, this activity has achieved a global

teers. This year, 2012, Kewkradong Bangladesh also did try to raise awareness through arranging LIVESTRONG Day on Friday, 12th of October.

The bicycle ride was about 7 kilometers in Dhaka, starting from IDB, Agargaon to ASHIC Shelter, 58 Central Road (Elite House), Hatirpool, Dhanmondi. Around 35-40 self motivated volunteer joined from the starting and went to cheer up the kids in ASHIC Shelter. Volunteers shared a yummy cake with kids. After having a nice time altogether, volunteers went up to wrap it



© Kewkradong.com

up. They all left with a smile on their face and tears hiding behind. And surely have prayed to their lords for these kids, even those who do not believe in GOD. Because GOD, surely there is one, CAN NOT live elsewhere ignoring these kids.

Note: Recent news says that legendary cricketer/batsman Martine Crowe has also got diagnosed with cancer. There upon, this Ex-captain of New Zealand National Cricket Team, expressed with a view to fight cancer with another showdown of his well known metal made nerve and get cured. Wishes for Martine Crowe.

**WEAR  
YELLOW**



THE WORLD'S BEST MO



go...


MOUNTAIN FILMS

THE BANFF CENTRE PRESENTS  
2011 / 2012

**BANFF**  
**MOUNTAIN**  
**FILM FESTIVAL**  
**WORLD TOUR**




The Banff Centre  
inspiring creativity55



The Banff Centre

**BANFF  
MOUNTAIN  
FILM FESTIVAL  
WORLD TOUR**

Banff Mountain Film Festival at The Banff centre is world's most prominent and prestigious event on adventure sports. Over two decade this distinctive film festival has been bringing together and bonding outdoor lovers all around the globe. The festival compiles of outdoor and adventure movies from around the world. Short and long length films are show in this program. Most of the films are either in English or having English sub titles. For almost 75 years, the Banff Centre of Canada is providing creative atmosphere, collecting diverse group of participants from many backgrounds and disciplines. Through this festival, The Banff centre has provided a powerful and awe-inspiring experience to its spectators that provoke motivation and reveal a different point of view towards nature and human potential.



### **Seasons: Winter**

In *Seasons: Winter*, paddler Brian Ward discovers an unexpected and new-found love for water, in both its frozen and expanded form.

### **The Trail Collector**

People collect all kinds of things: stamps, coins, art. This is *The Trail Collector's* collection.

*From The Inside Out* is a freeride mountain biking film from the athletes themselves.

**The Last Frontier** captures the culmination of his stunning three-year journey, the crossing of the Carpathian Mountains.

### **Reel Rock: Ice Revolution**

Journeying to a spectacular wall of vertical ice, *Reel Rock: Ice Revolution* joins two top ice climbers as they dodge exploding icicle bombs and send the hardest pure ice climb in the world.

### **Reel Rock: Origins – Obe & Ashima**

A superbly gifted young climber from New York City heads outdoors to the bouldering mecca of Hueco Tanks with her inspiring coach in *Origins – Obe & Ashima*.







### **On Assignment: Jimmy Chin**

On Assignment: Jimmy Chin is a brief portrait of an athlete who excels at his two passions – climbing and photography.

### **Hanuman Airlines**

In Hanuman Airlines, two Nepali adventurers channel the Hindu God of Wind on their mission to launch a paraglider from Mount Everest's summit.

### **Sketchy Andy**

Andy Lewis is a master at extreme slacklining. Reel Rock: Sketchy Andy leaves us wondering how far he'll go before it'll be one step over the line.

**The Freedom Chair** follows charismatic Paralympic skier Josh Dueck's transition from the world of competitive sit-skiing to the thrills of the backcountry.

### **Towers of the Ennedi**

The Towers of the Ennedi are in a hot, sand-scoured and unfriendly corner of Africa. A veteran climber and two young stars explore its untouched landscapes.

### **Kadoma**

Kadoma takes us on a suspenseful, haunting and ultimately tragic paddling expedition deep into the heart of Africa's wildest rivers.

### **Grand Libre au Grand Cap**

Two top climbers complete a daring attempt on Grand Capucin, a majestic 3,900-metre pinnacle in the Mont Blanc Massif. Grand Libre au Grand Cap highlights one of the toughest routes in the Alps.

Whitewater Grand Prix, some of the world's best kayakers come together for a six stage competition on spectacular whitewater.

A person is riding a bicycle on a rocky, uneven terrain during sunset. The sun is low on the horizon, creating a strong lens flare and silhouetting the rider. The rider is wearing a helmet and a dark jacket. The background shows a hilly landscape under a clear sky.

**Festival Director**  
Muntasir Mamun

**Festival Coordinator**  
Fazlay Rabby

**Screening In-charge**  
Mir Shamsul Alam Baboo

**Venue**  
Goethe-Institut Dhaka

**Organized by**  
Kewkradong Bangladesh

**Supported by**  
Travelers of Bangladesh



*Coca-Cola*<sup>®</sup>

open  
happiness<sup>™</sup>

©Coca-Cola<sup>®</sup> is a registered trademark of The Coca-Cola Company. Contains no fruit. Contains added flavors.



